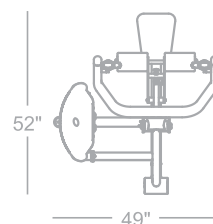


LAT PULLDOWN



- 3 position thigh pad assembly provides support and accommodates wide range of users.
- Dual arm assemblies allow divergent and convergent movement for exercise variation.
- Rotating hand grips for natural supination and pronation throughout entire range of motion.
- Counterbalanced lifting arm minimizes initial weight load and provides smooth and consistent feel.

Weight Stack Options	170 lbs. (77 kg).	250 lbs. (113 kg)
Machine Weight	458 lbs. (208 kg)	538 lbs. (245 kg)



Dimensions

W: 49" (125 cm)

L: 52" (132 cm)

H: 93" (236 cm)



MODEL SP-6100

LAT PULLDOWN



- 1 Read all warning labels.
 - If unit appears damaged or inoperable, do not try to use or fix. DO NOT use if weights are pinned in an elevated position. Seek staff assistance.
 - Choose light resistance when using machine for first time and train at controlled speed.
- 2 Select seat position.
- 3 Sit down and lower roller pad to thighs.
- 4 Grasp handles and flex arms downward as far as comfortable and return.

PARAMOUNT FITNESS CORP. ©2009-2008 • LOS ANGELES, CA • 5 811 • 1309



Superior grade BoltaSport, Boltaflex and Uniroyal Naugahyde® available in this wide range of standard upholstery colors

FRAME PAINT COLORS:
SILVER
GLOSS WHITE TEXTURED